CHILD HEALTH RECORD

NAME: DOB:

MALE FEMALE

DATE OF SERVICE:

HISTORY

GENDER:

See new patient history form

INTERVAL HISTORY:

NKDA Allergies:

Current Medications:

Visits to other health-care providers, facilities:

Parental concerns/changes/stressors in family or home:

Psychosocial/Behavioral Health Issues, including Postpartum Depression Screening (use of validated tool required): EPDS PPDS PHQ-9 Other P F Findings:

DEVELOPMENTAL/MENTAL HEALTH SCREENING:

Use of standardized tool: ASQ PEDS P F Findings:

NUTRITION*:

Breastmilk	
Min per feeding:	Number of feedings in last 24 hrs:
Formula (type)	
Oz per feeding:	Number of feedings in last 24 hrs:
Water source:	Fluoride: Y N
* Solids	
See Bright Futures Nu	ıtrition Book if needed

IMMUNIZATIONS

Up to date Deferred Reason (if deferred):

Given today: DTaP Hep B Hib IPV PCV Meningococcal* Hib-Hep B DTaP-IPV-Hep B DTaP-IPV/Hib Influenza

*Special populations: See ACIP

LABORATORY

Tests ordered today:

MEDICAID ID: PRIMARY CARE GIVER: PHONE:

INFORMANT:

UNCLOTHED PHYSICAL EXAM

See growth graph

Weight: (Head Circumference:	_%) Length:	_ (%)
Heart Rate: Temperature (optional): _	Respiratory Rate:		

Normal (Mark here if all items are WNL)

Abnormal (Mark all	that ap	ply and	d des	cribe):	
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Appearance	Mouth/throat	Genitalia
Head/fontanels	Teeth	Extremities
Skin	Neck	Back
Eyes	Heart/pulses	Musculoskeletal
Ears	Lungs	Hips
Nose	Abdomen	Neurological
Abnormal findings:		

SENSORY SCREENING:

Subjective Vision Screening:	Ρ	F
Subjective Hearing Screening:	Ρ	F

HEALTH EDUCATION/ANTICIPATORY GUIDANCE (See back for useful topics)

Selected health topics addressed in any of the following areas*:

- Family Interaction
 Nutrition/Feeding Routine
- Safety
 Infant Development/Behavior

*See Bright Futures for assistance

ASSESSMENT

PLAN/REFERRALS

Referral(s):

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Return to office:

Signature/title

Name:

Typical Developmentally Appropriate Health Education Topics

9 Month Checkup

- Lead risk assessment*
- Establish consistent bedtime routine
- Maintain consistent family routine
- Make 1:1 time for each child in family
- Establish routine and assist with tooth brushing with soft brush twice a day
- Limit TV time to 1-2 hours/day
- Praise good behavior
- Promote language using simple words
- Provide age-appropriate toys
- Provide favorite toy for self-soothing during sleep time
- Provide nap time daily
- Read books and talk about pictures/story using simple words
- Separation anxiety common
- Use distraction or choice of 2 appropriate options for discipline

- Introduce cup and encourage use to begin weaning process
- No bottle in bed
- · Slowly increase choice of solids
- Cut table foods small, no hot dogs cut into circles
- Do not leave alone in bath water
- · Empty all buckets containing water
- Home safety for fire/carbon monoxide poisoning, stair/window gates, electrical outlet covers, cleaning supplies, and medicines out of reach, remove all buckets
- Lock up guns
- No shaking baby (Shaken Baby Syndrome)
- Provide safe/quality day care, if needed
- Remove small toys/pins/plastic pieces to allow safe exploration
- Use rear-facing car seat in back seat of car until 12 months and 20 pounds

HEARING CHECKLIST FOR PARENTS (OPTIONAL)

Yes No

AgesTurns and looks to you when you are speaking in a quiet voice
Waves when you say "bye-bye"AgesStops for a moment when you say "no-no"6 to 9 monthsLooks at objects or pictures when someone talks about them
Babbles song-like tunes
Uses voice to get your attention instead of crying
Uses different sounds and appears to be naming things

*LEAD RISK FACTORS

Perform a blood lead test if parent/caretaker answers "Yes/Don't Know" to any of the		Don't		
questions below.	Yes	know	No	

- · Child lives in or visits a home, day care, or other building built before 1978 or undergoing repair
- Pica (eats non-food items)
- Family member with an elevated blood lead level
- · Child is a newly arrived refugee or foreign adoptee
- Exposure to an adult with hobbies or jobs that may have risk of lead contamination (see Pb-110 for a list)
- · Food sources (including candy) or remedies (see Pb-110 for a list)
- · Imported or glazed pottery
- · Cosmetics that may contain lead (see Pb-110 for a list)

The use of Form Pb-110 (Lead Risk Questionnaire) is optional. It is available at www.dshs.texas.gov/thsteps/forms.shtm.

EARLY CHILDHOOD INTERVENTION (ECI)

The ECI Physician Referral and Orders for Early Childhood Intervention (ECI) form is available at:

https://hhs.texas.gov/services/disability/early-childhood-intervention-services/eci-information-health-medical-

professionals

